

**Figure 1**

Plot your own portrayal of privilege. From *A Grammar of Power in Psychotherapy: Exploring the Dynamics of Privilege* (p. 164), by M. Fors, 2018, Washington, DC: American Psychological Association. Copyright 2018 by the American Psychological Association. You may copy this figure for your personal use, but it may not be reprinted or adapted without permission.

### Plot your own Portrayal of Privilege – pocket version

PRIVILEGE

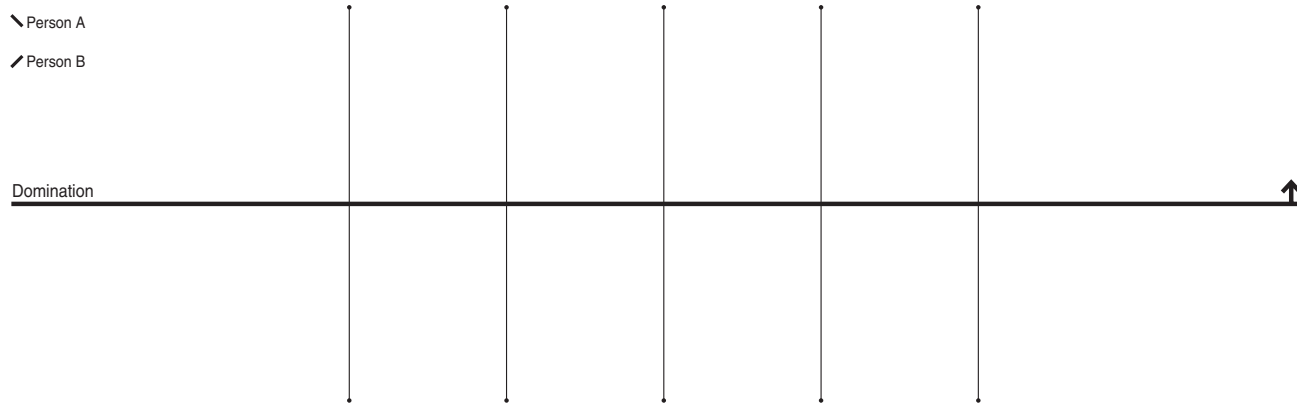
Step 1: Chose the most relevant power dimensions to your situation

Step 2: Fill out

Person A

Person B

Domination



OPPRESSION/RESISTANCE

**Figure 2**

Plot your own portrayal of privilege, pocket version. From *A Grammar of Power in Psychotherapy: Exploring the Dynamics of Privilege* (p. 165), by M. Fors, 2018, Washington, DC: American Psychological Association. Copyright 2018 by the American Psychological Association. You may copy this figure for your personal use, but it may not be reprinted or adapted without permission.

APPENDIX

		<b>Patient</b>	
		privilege	nonprivilege
<b>Therapist</b>	privilege	<i>Similarity of privilege</i>	<i>Privilege favoring the therapist</i>
	nonprivilege	<i>Privilege favoring the patient (confused subordination)</i>	<i>Similarity of nonprivilege</i>

**Figure 3**

Matrix of relative privilege. From *A Grammar of Power in Psychotherapy: Exploring the Dynamics of Privilege* (p. 166), by M. Fors, 2018, Washington, DC: American Psychological Association. Copyright 2018 by the American Psychological Association. You may copy this figure for your personal use, but it may not be reprinted or adapted without permission.